

TAKE AWAY MENU

BREAKFAST

till 11.00am

sweet

SUPERGOOD MUFFIN w/ mixed berries	5	GRANOLA YOGHURT w/ seasonal compotes	5
BANANA LOAF slice	4	BROWNIES	4
CROISSANT plain	4	COOKIES w/ seasonal compotes	5
CROISSANT almond	5	TOAST plus spread	8
YOGHURT POT w/ seasonal compotes	5	sourdough / raisin / soy linseed / rye/ gluten free	

light breakfast

EGGS on TOAST	9	★ EGG & BACON roll	9
<i>Add</i> Bacon +3.5 Avocado +4 Salmon +4		SALMON BAGEL w/ lemon cream cheese, soft greens	10
★ BLT wrap	10	GREEN BREKKY Kale, spinach, egg, avocado, mushroom, spiced aioli, wrap	11
MUSHROOM TOASTIE w/ cheese + leek	10	AVOCADO DOLCE Avocado & tomato, kale, feta, dukkah, lemon wedge on sourdough	12
BEK egg, kale, melted cheese, bacon, spiced aioli on wrap	10	<i>Add</i> Poached Egg +2	12
★ HAM PIADINA w/ cheese	9.5	BREAKFAST BOWL Kale & brown rice, asparagus, avo, soft egg, peas, light evoo dressing	
HALOUMI AVO Haloumi, avocado, scrambled egg, spiced aioli on flat bread	12		

COMBO

TOASTIE + COFFEE (R).....	8
BREAKFAST + COFFEE (R) (FOR ★ ITEMS ONLY).....	10

LUNCH

from 11.30am

PASTA

NAPOLITANA Tomato and basil	13
PESTO GENOVESE Basil, pine nuts & cream	13
BOLOGNESE Slow cooked lamb, chilli, sugo	14
BOSCAIOLA Bacon, mushroom, shallots & cream	14
POLLO Chicken, shallots, cream, mushroom, peas	14
PRAWN Local prawns, tomatoes, shallots, spicy pomodoro sauce	16
BEEF LASAGNE Beef wagyu, tomato, basil, ricotta, fennel seeds, mozzarella, parmesan	15

PIZZA

MARGHERITA San Marzano DOP tomatoes, mozzarella, basil	18
BUFALINA San Marzano DOP tomatoes, Prosciutto, mozzarella, cherry tomatoes	23
DIAVOLA San Marzano DOP tomatoes, nduja chilli, salami	22
BUNGA BUNGA Italian sausage, San Marzano DOP tomatoes, leg ham, mozzarella, pancetta, pepperoni, Spanish onions, peppers	23
FRICCHETONE Pesto & mozzarella base, grilled zucchini, eggplant, pesto, olives, herbs	23
CALZONE Smoked ham, mozzarella, mushroom, spinach	22

PANINI

BLS Bacon, lettuce, schnitzel, tomato, herb slaw, harissa mayo	11
ITALIANO Soppressa salami, artichoke, salsa verde, provolone, peppers, sundried spread	11
TUNA SALAD Albacore tuna, fennel leaves, mashed egg, almond mayo, lettuce	11
CHICKEN MILANESE Slow cooked chicken, tomato, avocado, lettuce, harissa mayo	11
GODMOTHER Capocollo, genoa salami, mortadella, smoked ham, pickled mustard, tomato, shaved lettuce, provolone, peppers salsa, romesco	15

SALAD

1. Base	9.5
<i>Please choose from our 2 bases</i>	
• CAPRI GREEN: Lettuce, kale, mixed cabbage, carrots, cucumber, tomato <i>(we recommend Italian vinaigrette)</i>	
• MILAN CHI TOWN: Brown-rice, edamame, tobico, crispy shallots, sea-weed, mixed cabbage, kale, carrot, beets <i>(we recommend Roasted Sesame Dressing)</i>	
2. Top-up	
MEAT MAINS + more	
Tuna 3.5	Prosciutto 4
Salmon 3.5	Avocado 3.5
Eggs 3	Free range chicken 3.5
EXTRA CHEESES	
Feta 2.5	Halloumi 2.5
Goats 2.5	Cheddar 1
3. Crunches	
Cucumber / Tomato / Lettuce / Pickles / Jalapenos / Crispy Shallot / Chilli +50c	
House Salad / Herb Slaw / Mixed Cabbage Pickles / Shallot / Red Onion / Kale +2	
4. Dressing	+50c
Spicy Ponzu / Green Goddess / Harissa -mayo / Roasted Sesame / Sriracha / Italian Vinaigrette / Lemon Balsamic	

